

Warmest Greetings Sec 1 Parents Dec 2022

Mdm Sharifah IC Parent Support Group (PSG)

What does research say about Parent Involvement in Schools

Research shows that when parents are involved in their children's education, the children are more likely to:

- earn better grades.
- score higher on tests.
- pass their classes.
- attend school regularly.
- have better social skills.
- show improved behaviour
- be more positive in their attitude toward school.
- complete homework assignments.
- graduate and continue their education

Home and School

In the US, a three-year study of 12,000 secondary school students concluded that:

- When parents come to school regularly, it reinforces the view in the child's mind that school and home are connected and that school is an integral part of the whole family's life.
- Families with above-average parent involvement were 30 percent more successful in school than those with below-average involvement.

So Why should parents get involved?

Because your involvement can make a dramatic difference to your child.

So If you are interested in joining the Parent Support Group, Join us in Facebook



About Us

We hope to engage with parents on more formal / informal discussions to promote parents - child - teachers communication.

Our MottoThe Team Behind The Team



Our Objective

Our goal is to support the school's teachers and child's activities through collaboraton and regular communication.

Provide an avenue for parents by parents to shave experiences and develop common interest for all.











Like

Office

12 Marsiling Road Singapore 739110

Tel: 6894 1413

Web: www.marsilingsec.moe.edu.sg

PARENT SUPPORT GROUP

MARSILING PSG

Programme Vision

To work in partnership with the school and parents to nurture the holistic development of our children.



Programme Mission

- Tap on talents, expertise, time & resources of parents to support school activities & initiatives
- Facilitate open communication& feedback between parents, school, management & feachers
- A platform for building a network of communication and sharing



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FAMILY MATTERS @ SCHOOL

Empowering family matters (parent and child) through workshops and family matters discussions.



BAKING WORKSHOP

Baking workshop with parent and child .



VISIT TO NATURE PARK

Subsidised visits to places like Sungei Buloh Nature Reserve Park for Parents and Child.



YEAR END GATHERING

Gathering session between parents and teachers to network around and exchange ideas.



DAD'S FOR LIFE

An interest group of all Dads of Marsiling Parent Support Group (Marsiling PSG)

BE PART OF THE FAMILY







Please indicate in the FormSG to join MSS Parent Support Group!



https://go.gov.sg/mssparentssurvey

FIRST Parenting Talk 3Jan2023 Transition to Sec One From 8am to 9.30 am by our very own Senior School Counsellor (Indicate your interest in the same FormSG)

https://go.gov.sg/mssparentssurvey

Mendaki Tuition Scheme (MTS) in MSS

CDAC Mendaki Sinda Affordable tuition (EL/Math) for all races (SG/PR)

Conducted by NIE-trained educators

Every Saturday, 9am – 12.15pm

More info coming up in Parent Gateway (PG)

Bringing Family Life Education closer to you

Families for Life@ Community Partner





Kids don't come with an instruction manual

Triple P (Positive Parenting Program)



- <u>Developed by</u>: Professor Matt Sanders through more than 30 years of clinical research trial
- <u>Aim</u>: Prevent behavioural, emotional and developmental problems in children by enhancing the knowledge, skills and confidence of parents
- <u>Delivery Format</u>: Large group seminars (Triple P Level 2), individual consultations (Triple P Level 3), and group sessions (Triple P Level 4)



Triple P: Positive Parenting Program



Triple P Level 2 Seminars (Secondary)

- 3 X 2h parenting seminars
- 3 seminars include:
 - (i) Raising Resilient Teenagers
 - (ii) Raising Competent Teenagers
- (iii) Getting Teenagers Connected



Triple P Level 3 Consultations

- 4 X 45 minutes personal coaching sessions
- Quick and personal way to get help from the counsellors
- Tailored to meet your needs.



Triple P Level 4

- Group + Individual /Telephone Sessions
- 5 X Group sessions (4-6 families)
- 3 telephone calls





What is Triple P Online?

- Internet-based parenting programme based on the Triple-P curriculum.
- Hosted by Triple-P International

Why Online?

Some parents may not enrol in Triple-P L3/L4/ Signposts programmes due to scheduling difficulties or other logistical issues (e.g., child care arrangements). To better support such parents, MSF will roll out Triple-P Online for this group of parents:

- ► Eligible for Level 3 or 4 Triple-P / Signposts (based on SDQ score); ► Are unable to attend the face-to-face sessions

Evaluation Study on Triple P Pilot



The evaluation study on Triple P shows that the programmes bring about better parenting and child outcomes.

Parents who undergo the full programme dosage report:

- Improved parenting competency
- Reduced parenting stress
- Reduced negative emotional states
- Reduced child's difficult behaviour.

Triple P is Effective!



What are parents saying?



Triple P Level 2 Seminars Secondary School

All three seminars were structured reasonably and informative.

The Speaker was able to engage us with humour and some personal stories but remembered that the content of the seminar was key. She was a gifted speaker who was able to captivate our attention.

Parent, St Joseph's Institution



What are parents saying?

Triple P Level 3 Consultations

Secondary School



Both trainers who trained us are experienced and the tips shared during the program coupled with several examples gave me the confidence to implement their suggestions at home. I am pleased that my daughter responded really well to the enhancements (eg. assertive communication and more realistic expectations) of my parenting.

- Parent, Methodist Girls' School

I find the recording of my child's behavior particularly useful as it showed the trait of his tantrum outburst and shed light to the reason behind such behavior.

By building positive relationship with my child, it reduces the severity of his tantrum. I also realized that I could use the methods that I learnt from the programme on my other child to manage her behaviors.

There were times that I forgot and allowed things to get out of control but I was quickly reminded and put what I learnt into place again.

- Parent , Woodlands Ring Sec



What Are Parents Saying?

Triple P Level 3 Consultations

Secondary School



Triple P Level 3

Triple P Level 3 Programme definitely benefited me and my son in dealing with his gaming issues. This Programme is customized to individual needs.

My son was addicted to gaming and spent half of the day on his computer every day leaving his homework and revisions to the last minute. Through the Programme, we are able to work with my son in drawing out his schedule, targets to be achieved and the rewards and consequences should he meet/miss the targets. He is also more receptive to our suggestions now and is more motivated whenever we approach him in a positive manner instead of the conventional parenting method. We are supportive of Triple P Parenting and really appreciate our trainer, Jacqueline, for her tips and advice.— Parent, Unity Sec



What are parents saying?



Triple P Level 3 Consultations

Secondary School

My Triple P trainer guided me through the main problems faced at home, had them listed down and we tackled it with action plans. I learnt to handle my son's arguments without much confrontation, showing my authority in calm manner.

- Parent, Siglap Sec School

Marsiling Secondary School is partnering

Care Corner Singapore (Appointed by MSF)



Parenting Support Services

for our

For Parenting Support Services Enquiry Form please scan the QR code from Care Corner. Or you can use the link below





Registration of Interest Link: https://forms.office.com/r/RbyZ9kAJiE

Thank You