



Warmest Greetings Sec 1 Parents Dec 2020

**Mdm Sharifah
HOD (Normal Technical)
IC Parent Support Group (PSG)**

What does research say about Parent Involvement in Schools

Research shows that when parents are involved in their children's education, the children are more likely to:

- **earn better grades.**
- **score higher on tests.**
- **pass their classes.**
- **attend school regularly.**
- **have better social skills.**
- **show improved behaviour**
- **be more positive in their attitude toward school.**
- **complete homework assignments.**
- **graduate and continue their education**

Home and School

In the US, a three-year study of 12,000 secondary school students concluded that:

- **When parents come to school regularly, it reinforces the view in the child's mind that school and home are connected and that school is an integral part of the whole family's life.**
- **Families with above-average parent involvement were 30 percent more successful in school than those with below-average involvement.**

So Why should parents get involved?

Because your involvement can make a dramatic difference to your child.

So If you are interested in joining the Parent Support Group, Join us in Facebook



About Us

We hope to engage with parents on more formal / informal discussions to promote parents - child - teachers communication.

Our Motto

The Team Behind The Team



Our Objective

Our goal is to support the school's teachers and child's activities through collaboration and regular communication.

Provide an avenue for parents by parents to share experiences and develop common interest for all.

www.facebook.com/marsilingpsg

JOIN
US

Like
Our Facebook Page



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MARSILING PSG



MARSILING
SECONDARY SCHOOL



PARENT
SUPPORT GROUP

www.facebook.com/marsilingpsg

Programme Vision

To work in partnership with the school and parents to nurture the holistic development of our children.



Programme Mission

- Tap on talents, expertise, time & resources of parents to support school activities & initiatives
- Facilitate open communication & feedback between parents, school, management & teachers
- A platform for building a network of communication and sharing

MARSILING PSG 2018 IN THE PIPELINE



FAMILY MATTERS @ SCHOOL

Empowering family matters (parent and child) through workshops and family matters discussions.



BAKING WORKSHOP

Baking workshop with parent and child.



VISIT TO NATURE PARK

Subsidised visits to places like Sungei Buloh Nature Reserve Park for Parents and Child.



YEAR END GATHERING

Gathering session between parents and teachers to network around and exchange ideas.



DAD'S FOR LIFE

An interest group of all Dads of Marsiling Parent Support Group (Marsiling PSG)

BE PART OF THE FAMILY



JOIN the Marsiling PSG

**Please indicate in the FormSG to join
MSS Parent Support Group!**



<https://go.gov.sg/mssparentssurvey>

***FIRST Parenting Talk 4Jan2021
via ZOOM!***
Transition to Sec One
From 9am to 10 am
by our very own
Senior School Counsellor
(Indicate your interest in the same FormSG)

<https://go.gov.sg/mssparentssurvey>

Collaborative Tuition Programme in MSS run by Mendaki

**CDAC
Mendaki
Sinda**

**Affordable tuition
(EL/Math) for all
races (SG/PR)**

**Conducted by
NIE-trained
educators**

**Every Saturday, 9am – 12.15pm
(free for FAS)**

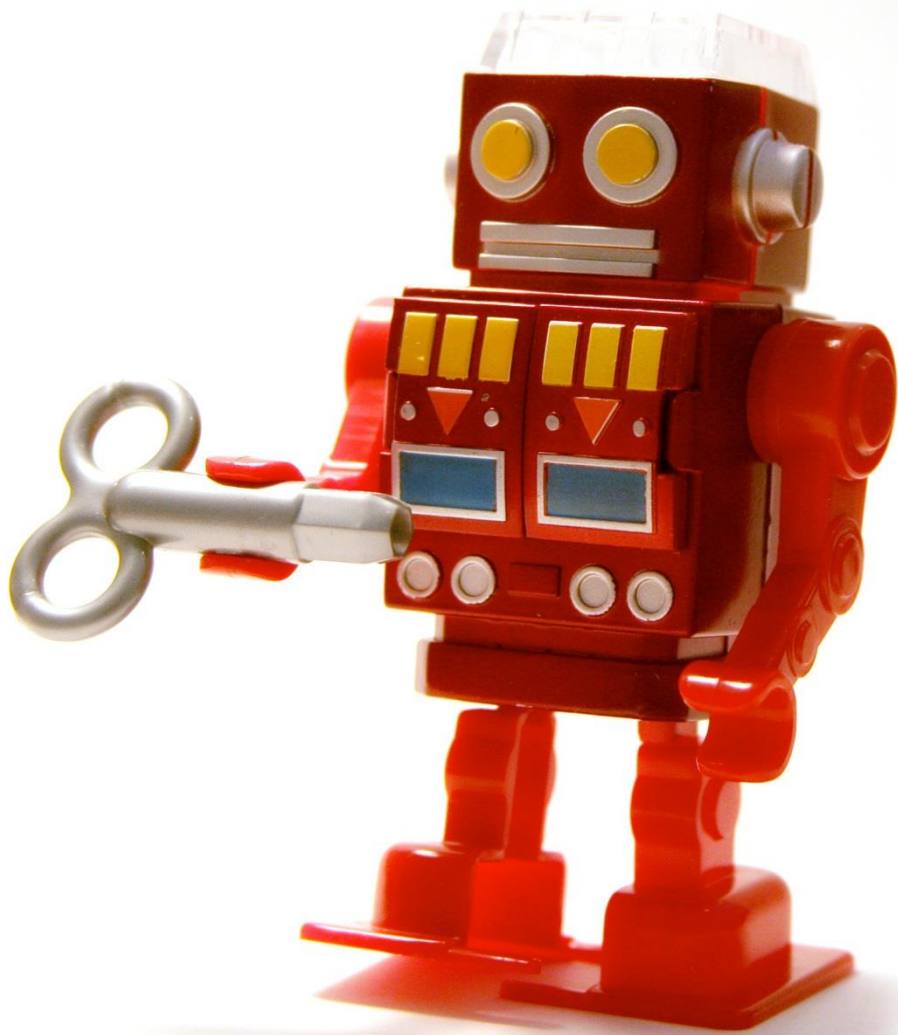
More info coming up in Parent Gateway (PG)

Bringing Family Life Education closer to you

FamilyMatters@ MarsilingSecondarySchool



FAMILYmatters
@ school



**Kids don't come
with an instruction manual**

Triple P (Positive Parenting Program)



- Developed by: Professor Matt Sanders through more than 30 years of clinical research trial
- Aim: Prevent behavioural, emotional and developmental problems in children by enhancing the knowledge, skills and confidence of parents
- Delivery Format: Large group seminars (Triple P Level 2), individual consultations (Triple P Level 3), and group sessions (Triple P Level 4)



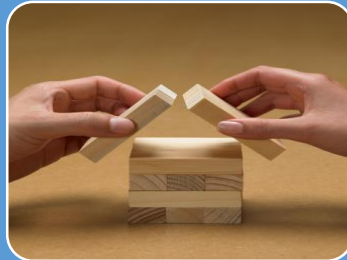
Triple P : Positive Parenting Program

Triple P Level 2 Seminars (Secondary)



- 3 X 2h parenting seminars
- 3 seminars include:
 - (i) Raising Resilient Teenagers
 - (ii) Raising Competent Teenagers
 - (iii) Getting Teenagers Connected

Triple P Level 3 Consultations



- 4 X 45 minutes personal coaching sessions
- Quick and personal way to get help from the counsellors
- Tailored to meet your needs.

Triple P Level 4



- Group + Individual /Telephone Sessions
- 5 X Group sessions (4-6 families)
- 3 telephone calls



What is Triple P Online?

- Internet-based parenting programme based on the Triple-P curriculum.
- Hosted by **Triple-P International**

Why Online?

Some parents may not enrol in Triple-P L3/L4/ Signposts programmes due to scheduling difficulties or other logistical issues (e.g., child care arrangements). To better support such parents, MSF will roll out Triple-P Online for this group of parents:

- ▶ **Eligible for Level 3 or 4 Triple-P / Signposts (based on SDQ score);**
- ▶ **Are unable to attend the face-to-face sessions**

Evaluation Study on Triple P Pilot



- The evaluation study on Triple P shows that the programmes bring about better parenting and child outcomes.

Parents who undergo the full programme dosage report:

- Improved parenting competency
- Reduced parenting stress
- Reduced negative emotional states
- Reduced child's difficult behaviour.

Triple P is Effective!



What are parents saying?



Triple P Level 2 Seminars *Secondary School*

*All three seminars were **structured reasonably and informative.***

The Speaker was able to engage us with humour and some personal stories but remembered that the content of the seminar was key. She was a gifted speaker who was able to captivate our attention.

– Parent, St Joseph's Institution



What are parents saying?

Triple P Level 3 Consultations *Secondary School*



*Both trainers who trained us are experienced and the **tips shared during the program** coupled with several examples gave me the confidence to implement their suggestions at home. I am pleased that my daughter responded really well to the enhancements (eg. assertive communication and more realistic expectations) of my parenting.*

– Parent, Methodist Girls' School

*I find the **recording of my child's behavior** particularly useful as it showed the trait of his tantrum outburst and shed light to the reason behind such behavior.*

By building positive relationship with my child, it reduces the severity of his tantrum. I also realized that I could use the methods that I learnt from the programme on my other child to manage her behaviors.

There were times that I forgot and allowed things to get out of control but I was quickly reminded and put what I learnt into place again.

- Parent , Woodlands Ring Sec



What Are Parents Saying?

Triple P Level 3 Consultations *Secondary School*



Triple P Level 3

Triple P Level 3 Programme definitely benefited me and my son in dealing with his gaming issues. This Programme is customized to individual needs.

*My son was addicted to gaming and spent half of the day on his computer every day leaving his homework and revisions to the last minute. Through the Programme, we are able to work with my son in drawing out his schedule, targets to be achieved and the rewards and consequences should he meet/miss the targets. He is also more receptive to our suggestions now and is more motivated whenever we approach him in a positive manner instead of the conventional parenting method. We are supportive of Triple P Parenting and really appreciate our trainer, Jacqueline, for her tips and advice.— **Parent, Unity Sec***



What are parents saying?



Triple P Level 3 Consultations
Secondary School

My Triple P trainer guided me through the main problems faced at home, had them listed down and we tackled it with action plans. I learnt to handle my son's arguments without much confrontation, showing my authority in calm manner.

– Parent, Siglap Sec School

**Marsiling Secondary School
is partnering
Care Corner Singapore
(Appointed by MSF)
for our
Parenting Support Services**



**For Parenting Support Services Enquiry
Form**
Please scan the QR code from Care Corner.



ABOUT US

Care Corner Singapore Ltd established since 1981, is a non-profit charity organisation with an Institution of a Public Character (IPC) status. For more than 38 years, the organisation has been serving the disadvantaged and marginalised in Singapore through extensive social services, such as helping families in need, youths at-risk, lonely seniors, special needs children and children from low-income families.

Parenting Support Services is one of the appointed parenting support providers by the Ministry of Social and Family Development.

OUR MISSION

Parenting Support Services supports building of healthy parent-child relationships through practical strategies to manage behavioural issues and promote positive behaviours in their children.

We reach out to parents of children in Primary and Secondary schools located in the **Woodlands/ Sembawang** regions under the FamilyMatters@School programme.

GETTING HERE



Getting here by Bus:

Bus stop A in front of Blk 628A: 901, 912

Bus stop B opp Blk 624B: 901, 912

Bus stop C in front of Blk 630: 962, 901M

Bus stop D in front of Woodlands 11: 962, 901M

Getting here by MRT:

Nearest MRT Station: Admiralty

Getting here by walking:

Follow the suggested path

CONTACT US

Parenting Support Services

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www.carecorner.org.sg

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PARENTING SUPPORT SERVICES

A programme by Care Corner Singapore Ltd



"There is no more important and rewarding job than raising children."

- Dr. Matt Sanders

CARE TO EVERY CORNER IN SINGAPORE



OUR SERVICES

Evidence-Based Programmes

Positive Parenting Programme (Triple P) is a multi-tiered programme offered to parents of Primary and Secondary schools, catering to different level of family need.

Triple P Level 2

3 x 2-hour seminars on age-group specific parenting tips

Triple P Level 3

4 x Individual consultations on specific behavioural issues

Triple P Level 4

5 x Group sessions and 3 phone calls for complex behavioural issues

Signposts is a group programme that helps families develop strategies to prevent escalation of behavioural concerns or manage difficult behaviour of children from Primary 3/4 cohorts. This includes children with developmental delays, intellectual disabilities or other disabilities.

Follow-up support

We provide parents with follow-on support, such as counselling, information and referral services.

BENEFITS



For children

Growing in a more positive, harmonious family leads to:

- Improved self esteem
- Improved social skills
- Emotional stability
- Fewer conduct problems



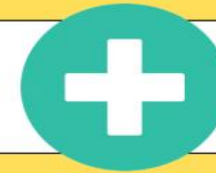
For parents

Parents will be equipped with skills such as managing misbehaviour, practising good communication with children, planning ahead to prevent problems etc., that provide:

- Better quality of life
- Improved relationship with children
- Decreased levels of stress

PRINCIPLES OF POSITIVE PARENTING

Create a safe, interesting environment



Have a positive learning environment

Use assertive discipline



Take care of yourself as a parent

Have realistic expectations



Thank You